

**WALLSEND RSL ATHLETIC CLUB
WALLSEND RSL LITTLE ATHLETIC CENTRE**

NEWSLETTER No 16

15th JANUARY 2018

Hi,

Welcome back, hope you had enjoyable Christmas break

TONIGHT

Pointscore Competition Round 5 Program 3

TRAINING

re-starts this Thursday 5.30pm

LA REGIONAL >>>> event program

just got latest program from Mingara LA

copies for parents going at table in Clubhouse

Note the NOT BEFORE times are NOT START TIMES

BUT an event cannot be called before that time

some events may still be in progress and

some parents plan arrival with athletes for specific events

the Not Before aims to ensures athlete won't miss events

HUNTER TRACK CLASSIC

**At Glendale Sports centre Saturday 20th Jan starts at
5.00pm last event scheduled 9.00pm men's and women's**

100m 400m 1500m 5000m and steeple and in the field

Shot discus Triplejump highjump chasing the Gate Entry

charge will put on face Inbook

CARDIFFCHALLENGE

at Neegulbah Park Macquarie Hills, Saturday 17th February

is a Little A meet U6 to U17, first event call 3pm, entry fee

\$12 per athlete copy entry at table ENTRY CLOSE 14/2/18